



H E A L I N G R E Q U I R E S P R E C I S I O N

Training Series: FREQUENTLY ASKED QUESTIONS

Frequently Asked Questions:

1) How many groups can I miss?

You can miss up to 3 of the groups and still successfully complete the training series.

2) Will the Zoom groups be recorded?

The Zoom groups will not be recorded in any format.

3) What happens if I miss a group?

(a) The slides for each week will be emailed to all participants and you can review the slides with a peer who attended the group or

(b) we can meet one-on-one to review the week's material at my hourly rate.

4) What will the Training Series cover?

The group will cover all the following and more:

- Renovation Work
- Mindfulness
- Resourcing
- Relational Abilities
- The Nervous System Map
- Completing a Trauma History
- The Counter Vortex of Solution
- Integrating stress and trauma events strategically using Containment/Selective Inhibition
- The Channels of Containment
- Working with each memory system
- Working precisely with Milieus or Sustained Experiences and Significant Relationships or Single Events
- How and when to selectively use psychoactive substances as an accelerator
- The Shadow of substance assisted psychotherapy
- Introducing the Unified Psychosocial (UP) Framework
- The DeMause Psychosocial Modes/Empathetic Capacity Levels
- Working with Trauma Clusters: Culling, Resource Wedging, Dipping
- Working with Traumatic Transference and Traumatic Reenactment
- Relational Containment and In-Group Traumas
- A Primer on Attachment Work with Sustained Eye-Contact

5) How do I purchase the optional recommended text, Dr. Eric Wolterstorff's Love and Trauma clinical manual (214 pages)?

It can be purchased directly from Dr. Eric Wolterstorff for \$40. Please send a Venmo payment of \$40 to Eric Wolterstorff's Venmo handle: @Eric-Wolterstorff with your email and the text: "purchasing Love and Trauma manual." He will then email you the latest PDF version of the clinical manual.

6) Are there any prior trainings I must have completed to participate in this training series?

No, participants do not have to have completed a prior training.

7) What is the cancellation and refund policy?

- If a participant is denied access to the course, for any reason, a full refund will be issued.
- If a participant cancels the course before the registration deadline of Friday May 12, 2023, a full refund will be issued.
- If a participant cancels the course after the registration deadline and before the start date, a 50% refund will be issued.
- No refunds will be issued after the course start date.
- No refunds or reimbursements will be issued for no-shows or missed groups.