



# H E A L I N G R E Q U I R E S P R E C I S I O N

## Testimonials from previous training series participants:

*"The Healing Requires Precision model is a valuable foundational course for any therapist who works with trauma—which is every therapist. For therapists offering psychedelic assisted therapy, this course is a 'must have.'"*

*-Naomi B. Rather, PhD, LCMHC*

*"I have spent the past 8 of my 44 years in nursing practice, 30 of them as an advance practice psychiatric nurse, consuming everything I could to discover what I could do beyond treating psychiatric symptoms with drugs, coaching health behaviors and using my own blend of many psychotherapeutic approaches, to help others thrive. This HRP course pulled together all I've learned in this time and provided me with critical concepts and knowledge new to me. It introduced me to a coherent, science and theory based model to facilitate true healing. Both the skills we were taught and the theory behind them have already profoundly affected and improved my practice. And, it helped me recognize remaining wounds needing attention and grasping better what that attention needs to be for my own continued healing journey. Perzan, who created, taught and facilitated this course, was masterful, and warm, and attentive, and driven to help us learn this way of healing. The only thing that can make this class better is more of it. Sign me up!"*

*-Wayne Thrash, RXN, CNS*

*"I have benefitted immeasurably from the 9-session series Perzan has created. He is able to create a safe container in which to explore new ideas and practice skills necessary for safely and effectively treating the effects of trauma. The scaffolding of tasks to address, teach and help our clients master BEFORE adding (if at all) the power of medicine (cannabis/ketamine/oxytocin) is comprehensive and elegant. His teaching methodology is grounded both theoretically and somatically. I can't wait to integrate this more deeply and return for more."*

*-Lisa Love, MSN, PMH CNS, BC*

*"I was privileged to experience the transformational effects of this protocol in my own personal therapy work prior to the training. That was what inspired me to participate in the training, and now I feel even more confident to be able to walk clients through this work because I know where it leads, and how it actually feels to walk the road .... And now I have the "instructions" on how to get there!"*

*-Hillary Hartwick, LMFT*

*"I have been studying and practicing in the field of somatic psychology for over thirty years. Steeping myself in polyvagal theory, Body Mind Centering, Somatic*

*Experiencing, IFS, Hakomi, and various trauma therapeutic models. The Healing Requires Precision class offers a map and culmination of a clear approach to complex trauma therapy. The overview of the Love and Truama book by Eric Wolterstroff has given me an entrance and ground to actually help me to understand the very specific psychosocial approach to trauma repair, education, and restoration. The model actually understands how to work with complex PTSD which I have yet to see in any other system. I am so grateful to have found this body of work and am committed to deepening my own understanding and bringing this into the world."*

*-Natalya Imboden, Golden Spruce Retreat, Co-Founder*

*"Perzan provides a thorough and comprehensive look at the key foundational elements needed to support clients who are interested in exploring psychedelic therapy."*

*-Koelle Simpson*

*"I feel grateful to have been a part of this emerging community of therapists, healers, and guides held by the guidance of Perzan and the course 'Healing Requires Precision'. His warm presence, technical skill, and ability to hold a virtual container are a gift. The scope of this trauma skill-set is both technical and held with a compassionate base. I look forward to seeing how this work continues to weave into our society as it is deeply relevant and much-needed."*

*-L.T. Portland, ME*

*"I had the good fortune of meeting Perzan Irani in an intensive 5 day training. His extensive knowledge of trauma was delivered to the group participants with clarity and precision. Perzan demonstrated his clinical expertise masterfully and gracefully. His ability to create a safe healing space for the participants inspired me to enter into his consultation group. Perzan's authenticity, trustworthiness, steadiness, and transparency enabled me to do some personal work of my own which enhanced my experience and understanding of trauma immensely. I am grateful for having had the opportunity to be in his presence, both personally and professionally."*

*-Deb Rosenberg, LCSW, BCD*

*"I initially met Perzan when I was participating in a training in October of 2021. At that time I found him to be very present and attuned to the 15 participants in the training. I was also able to observe him facilitating a demo with one of the participants and found the same presence and attunement in his skillful facilitation. Since then I have gained knowledge and healing as I have participated in individual supervision and his first teaching/consultation group. Perzan's knowledge, skills, and teaching are excellent. I highly recommend learning and working with him given the opportunity."*

*-Jeri Schroeder M.S., M.A., LCPC*